

NORTH EAST DERBYSHIRE DISTRICT COUNCIL

SCRUTINY PROJECT MANAGEMENT

DRAFT PROJECT PLAN

NAME OF

COMMITTEE: Communities Scrutiny

SCRUTINY

OFFICER: Damon Stanton

**SUBJECT TO
BE REVIEWED**

Leisure and wellbeing provisions for older residents.

**REASON(S) FOR
THE REVIEW**

To ensure that leisure and wellbeing provisions for older residents in the District enhance quality of life and lead to healthy outcomes.

**IDENTIFY
APPROPRIATE
CORPORATE
OBJECTIVES**

Enhancing our residents' quality of life.

TERMS OF REFERENCE

- To assess leisure and wellbeing provisions for older residents at the Council's leisure centres.
- To understand the demand from older residents for leisure provisions provided by the Council.
- To consider what the Council and its partners are doing to encourage healthy lifestyles amongst older residents.
- To identify any opportunities to increase participation and new memberships.

**AIMS AND OBJECTIVES
OF REVIEW**

- To understand what is being done in the District to promote healthy lifestyles and improve wellbeing in older residents
- To evaluate what has been successful
- To identify room for improvement

KEY ISSUES	<ul style="list-style-type: none">• What activities does the Council provide for older residents?• Can we improve it?• Is there demand for these activities?• Are there any barriers to participation?• The role of physical activity in improving health• Health related issues that prevent activity

TIMESCALE	ESTIMATED	REVISED	ACTUAL
Commencement	September 2022		
Finish	March 2023		
Report	May 2023		

METHOD(S) OF REVIEW:	Interviews Strategies Research
IMPLICATIONS: (legislative, regulatory, etc)	
DOCUMENTARY EVIDENCE: (Internal/External)	Sport England Data ONS Data NEDDC leisure data
WITNESSES:	Chris Mills - Assistant Director of Leisure Kelly Massey - Health & Wellbeing Devp Officer Michael Price - Healthy Lifestyles Manager Stephen Birds - Swimming Development Officer

CONSULTATION/ RESEARCH:	
SITE VISITS	

<u>PROJECT OUTCOMES</u>	
CONCLUSIONS:	
RECOMMENDATIONS:	
CABINET CONSIDERED:	
OUTCOME:	
FOLLOW UP:	
REVIEW OF PROCESS/COMMENTS:	
SIGNED OFF BY	

CHAIR:	
DATE:	