

# Action Plan – Appendix E

ACTION	PROGRESS
Develop Intranet	Regular updates take place to communicate Health and Wellbeing initiatives
Offer lunchtime activity	Stretch classes to be offered in June – take-up to be reviewed
Promote Leisure Centres	Recent update on changes communicated to all staff
Corporate Games Event	To be arranged by DCC
Health checks	Undertaken in Feb 2017 – review in September 2017
Healthy eating promotion	Arranged for June 2017 and ongoing
Vending machines	Review to take place shortly
Mental Health Training	Resilience training to be offered in June 2017
Promote Occupational Health and Associated support	Ongoing
Establish and develop H&W group	Done – and ongoing